



## TASTY TOMES

What drink was once known as ‘white poison’? Milk. What common ailment can stinging nettles help ease? Arthritis. And can you guess what food was invented by John Montagu, the Fourth Earl of Sandwich? You might know where the food you’re eating came from, but most of us don’t know the stories behind what we sup and slurp. Each release in The Edible Series focuses on one topic, providing its history in society and culture, be it eggs, nuts, hot dogs, soup, gin or cheese. The book on barbeque serves up Mongolian lamb, Fijian pig and Chinese char siu, while the tea travelogue moves from a British tearoom to a traditional Japanese teahouse, and onto the veranda in the Deep South of the States. Foodie rituals and meanings are examined; ever wondered why cake is the default choice to celebrate? And several books discuss the way different foods translate from one culture to another, like comparing and contrasting curries from Thailand, the Caribbean, Malaysia, and even hybrids like German currywurst and Punjabi-Mexican-Hindu pizza. Sprinkled throughout each tome are beautiful illustrations of hamburgers or olives or whatever the topic, alongside recipes, including those of historical note, like the first official pancake recipe from a 16<sup>th</sup> century Dutch cook. No matter what you do or don’t eat, there’s a book here to whet your appetite. *The Edible Series is published by Reaktion Books.* **WB**

## AROUND THE WORLD



“Google Maps might inform, but a globe inspires,” says Pete Bellerby, and he should know. The London-based globe maker has experienced a huge response to his work since setting up Bellerby & Co. Globemakers a few years back. On a quest to find a meaningful gift for his dad’s 80<sup>th</sup> birthday, Bellerby found himself stuck between expensive antique globes and cheap modern copies. “So I stupidly thought I’d have a go making one myself,” he says. An initial production estimate of four months for his dad’s gift turned out to be 18, and by the 24-month mark he was in business making globes for public sale. Bellerby & Co. now produce four sizes, with a fifth in development. From the whopping 127-centimetre Churchill to the 22.9-centimetre Mini Desk, each globe is available in 10 different colours and stand variations. “We’re the only company that makes hand-coloured, modern cartography globes,” Bellerby says, who now works with a team of experts to make each unique, if fairly pricey, orb. “You have to be point-one of a millimetre perfect.” *bellerbyandco.com* **AF**



## GREAT GRENSON

Never underestimate the emotional security that a well-made pair of shoes can provide, because the world feels far less precarious when your footwear is built to last. Grenson have been protecting egos from the ground up since 1866. With nearly bombproof soles of bark-tanned hide and handsome uppers of fine French and Italian calf, they are made to conquer the no-man’s land between vanity and utility. Like podiatric guidance counsellors, these puppies will help you find your place in the world. Maybe you tilt towards the bombast of a full brogue, the Hemmingway cocktail-hour nostalgia of a light-tan basketweave or the fuck you of a World War II-era boot. Whatever your bearing, look after your shoes and you will be all right. My desk might look like the Somme but my shoes are lined up like a box hedge and groomed like a coal baron’s favourite son. *grenson.co.uk* **CM**

## IN A STITCH



The cable-knitted stitches that adorn your local fisherman’s jumper aren’t just ornamental; they’re a ye olde version of a GPS. Back in the day, each criss-crossed trellis signified what town its wearer hailed from, and where to return his body should he end up in the soup. Flash forward a few years and the cable knit is your classic skeuomorph: a design relic living on because it looks cool. Made by French clothiers A.P.C. (‘Atelier de Production et de Creation’, if you need to know), this Irish Marin Sweater is woven from 100 per cent wool with a crew neckline, long sleeves, ribbed cuffs and a geo-locating stitch pattern that will have your corpse promptly delivered somewhere off the Celtic Sea. It’s no impulse purchase, but you’ll probably wear it for the rest of your life. Local style curators Ineu stock the Marin online, but should you ever find yourself off the internet and in Melbourne, A.P.C. has opened a bricks and mortar shop there too. *apc.fr* **CH**